



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17.00 - 17.50 Hatha / Vinyasa (EG)	15.00 - 16.00 Hatha / Vinyasa (EG)		15.00 - 16.00 Hatha / Vinyasa (EG)	12.00 - 13.00 Hatha / Vinyasa (EG)	08.30 - 09.30 Vinyasa / Yin (EG)
18.00 - 19.00 for Teens (12-16yrs, EG)			17.00 - 17.50 Hatha / Vinyasa (UG)		
19.15 - 20.15 Vinyasa / Yin (EG)			18.00 - 19.00 Vinyasa / Yin (UG)		

Online access available upon request